

# Inclusive Design Mobile Design & Design Systems

INF2191H iSchool, University of Toronto

Velian Pandeliev Feb. 12, 2020

# Meet UofT's accessibility librarian!



### Learn about:

- inclusive spaces
- alternative materials
- accessible resources



By the MISC Accessibility Interests Working Group

Friday, February 28 from 12-1pm Bissell Building, room 307

# Assignment 1

How's it going?

# Accessibility & Language

# Social model of disability

Disability



Personal Health Condition

Disability



Mismatched Human Interactions

MICROSOFT INCLUSIVE TOOLKIT

### Problematic terms:

Able-bodied

Confined to a wheelchair

Suffers from / victim of...

# Ableism and language

# 15 Crazy Examples Of Insanely Ableist Language

By Parker Marie Molloy, October 21st 2013

As with all aspects of design, we must use **intentional**, **precise**, and **respectful** language when communicating with users with disabilities.

**Inspect** and **challenge** the language you use for any discriminatory or ableist connotations or histories.

List of ableist terms and alternatives:

https://www.autistichoya.com/p/ableist-words-and-terms-to-avoid.html

Turn a blind eye, deaf to feedback...

Bonkers, crazy, derpy, idiotic, insane, mad, nuts, psycho, spaz...

Crippling, lame...



# Respect and empathy

- Avoid negative or value-laden terms ("suffers from...")
- Avoid euphemistic terms ("handi-capable", "differently-abled")
- Avoid labelling user groups/personas based on disabilities
- Avoid emotional tone, e.g., "hero, saint, victim, burden, soldier, inspiration", etc.
- Don't patronize, treat users like any other
- Address the user, not their interpreter or companions
- Never speak for the person you are talking to
- Ask for guidance if unsure

# E.g., "Challenged"

Having a disability definitely makes some things more difficult for me, but we all face challenges on a daily basis, regardless of ability. This makes it frustrating when people call me "challenged," because it makes me feel like my existence is a problem. In reality, most of my challenges stem from circumstances I encounter in the world around me.

EMILY LADAU / BIT.DO/2191EUPH

# E.g., "Handicapable"

This term drives me up the wall. It's so cutesy and dripping with condescension, almost like a verbal pat on the head. I don't need sugary-sweet reminders that I am capable of things just because I have a disability. I already know that, because every human has capabilities and limitations. [...]

I know many non-disabled people who say "handicapable" do so with the intention of showing that they don't "see" disability or that it's not a big deal, but disability is part of a disabled person. My disability doesn't make me feel like less of a person, but calling me "handicapable" does.

EMILY LADAU / BIT.DO/2191EUPH

# E.g., "Differently-abled"

Let's think about this one for a moment, because it's actually loaded with prejudiced assumptions. Essentially, "differently-abled" implies that there's such a thing as a standard body that possesses standard abilities.

The problem with this? There's not. No two people are able to do exactly the same things in exactly the same ways. Some people are able to walk on their feet. Some people are able to roll in a wheelchair. Some people can touch their tongue to their nose. Some people can contort like a pretzel.

So, to be technically correct, disabled people aren't the only ones who are differently-abled. We all are.

EMILY LADAU / BIT.DO/2191EUPH

# E.g., "Special needs"

By much the same logic that explains why "differently-abled" is inaccurate, it's clear that "special needs" is too. If you are a human, you have needs. Everyone has needs. What makes mine so "special" just because I have a disability? Nothing.

My needs are not "special" just because they're not met in ways identical to the needs of non-disabled people. I need a ramp; you need steps. Not special, just facts. I need a wheelchair; you walk. Not special, just facts.

Moreover, the needs of non-disabled people certainly aren't all met in the same ways. Just like every other living, breathing human being on this planet, I am a person who has needs that must be fulfilled in ways appropriate to my abilities.

Emily Ladau / BIT.DO/2191EUPH

# Language: persons with disabilities

- Disabled
- Has a disability
- With a disability
- With a chronic health condition
- Has a chronic health condition
- Neuroatypical
- Neurodivergent

Lydia X.Z. Brown

# Language: ASD and cognitive disabilities

- Person/people on the autism/autistic spectrum
- Autistic person/people
- Person/people with autism
- With an intellectual disability
- Has an intellectual disability
- With a cognitive disability
- Has a cognitive disability

LYDIA X.Z. BROWN

# Language: sensory disabilities

- Blind
- Low vision
- Deaf
- Hard of hearing
- DeafBlind
- DeafDisabled

Lydia X.Z. Brown

# Language: physical or mobility disabilities

- With a physical disability
- With a mobility disability
- Uses a wheelchair
- In a wheelchair
- Uses crutches
- Uses a cane
- Uses a walker
- Has/With [specific condition here]

LYDIA X.Z. BROWN

#### What is your favourite game of all time?

We know it can be hard to choose, but you have to pick one!

Because of any physical, cognitive or emotional condition, do you/your child often experience any difficulties in playing video games?

Not at this time (or I prefer not to say)



Why do we ask this?

Game developers are often interested in making their games more accessible to persons with impairments, and we therefore seek individuals with whom to collaborate on improving these games. You are not required to disclose an impairment, however we request that you make us aware of any physical access requirements you may have, if you're invited to playtest.

#### What is your favourite game of all time?

We know it can be hard to choose, but you have to pick one!

Because of any physical, cognitive or emotional condition, do you/your child often experience any difficulties in playing video games?

Yes



Game developers are often interested in making their games more accessible to persons with impairments, and we therefore seek individuals with whom to collaborate on improving these games. You are not required to disclose an impairment, however we request that you make us aware of any physical access requirements you may have, if you're invited to playtest.

If you are comfortable doing so, you can provide additional information on games or interactions that present difficulties

# Language and community

### Person-first language: person with a disability

- avoids defining the person entirely by their disability
- disassociates the disability from the person's experience
- implies disability should not be associated with a person as it is intrinsically negative

### Identity-first language: disabled person

- includes the disability as integral to the person's experience
- frames disability using the **social** model: as a consequence of a barrier-laden environment, not as an intrinsic quality
- can indicate disability pride or community membership

CARA LIEBOWITZ

When in doubt, ask.

# Inclusive design

# Accessibility audit

- Contrast and text size
- Alt text for non-text content
- Tab order and focus: all on-screen, no off-screen, ordering
- Keyboard-only traversal
- Screen reader traversal
   You can try a screen reader to check your designs for accessibility:
   NVDA (desktop), VoiceOver (macOS / iOS), TalkBack (Android)
- Structure: headings, landmarks, and semantics
- Alerts to new content

The spell-check of accessibility.

# Accessibility simulation

Designers can use **some simulation** techniques to catch low-hanging fruit or make easy improvements:

- straw test (look at screen through a hole-punched hole)
- magnify your screen
- wear thick gloves
- use a screen reader
- unplug mouse, use keyboard only

These simulations have very shallow, limited utility.

PARTICIPATEINDESIGN.ORG

## Research

No matter how hard we try, none of us can "pretend" to live with any and all of the possible limitations our users may face.

Get actual users with lived experience as soon as possible.

- Remember that users with disabilities don't owe you data
- Approach a user community or group respectfully
- Offer fair compensation for their participation:
  - All participants should be compensated fairly
  - Persons with a disability are at higher risk of low income
  - Lived experience is valuable

LOW INCOME AMONG PERSONS WITH A DISABILITY IN CANADA (2017)



## Emma Barnett @

Should people with learning disabilities be allowed to work for less than the minimum wage? Debate on @bbc5live 10am spectator.co.uk/ 2017/03/the-mi...





Another Angry Woman @stavvers

alternate phrasing of this question: should employers be allowed to exploit some of society's most vulnerable people? **Toronto** 

# Adults with disabilities need to earn minimum wage for sense of 'belonging,' parents say

6 young adults with developmental disabilities have been permanently hired by North York firm



Kelda Yuen · CBC News · Posted: Feb 19, 2019 6:00 AM ET | Last Updated: December 24, 2019

# Families say minimum-wage changes are cutting jobs for people with disabilities

NOELLA OVID

PUBLISHED APRIL 16, 2018

# Inclusive design

"Inclusive design: A design methodology that enables and draws on the full range of human diversity.

Most importantly, this means **including** and learning from people with a range of perspectives.

Designing inclusively doesn't mean you're making one thing for all people. You're designing a **diversity of ways** for everyone to participate in an experience with a sense of belonging.

Many people are unable to participate in aspects of society, both physical and digital. Understanding why and how people are **excluded** gives us actionable steps to take towards inclusive design."

MICROSOFT DESIGN TOOLKIT

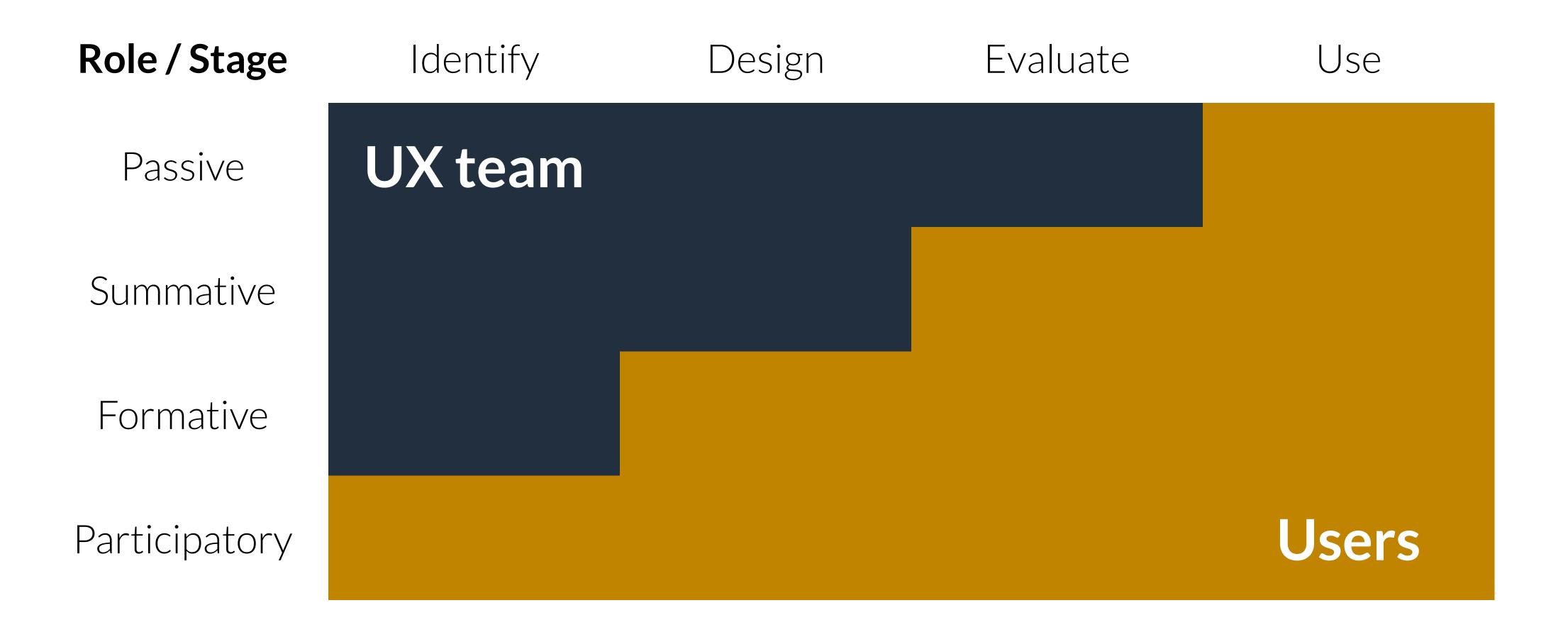
# Participatory design

End users participate in and often **lead** the creation of products intended for them while UX designers act as facilitators.



PARTICIPATEINDESIGN.ORG

## Levels of user involvement



# User testing and disability

- Recruit disabled users as part of your usability testing
- Hire an accessibility **consultant** / advocate. Many consultants have lived experience with disabilities.
- Include disabled users as members of the design team.
- Partner with an organization that manages pools of disabled volunteers for usability studies, e.g., Fable in Toronto (<a href="https://www.makeitfable.com/">https://www.makeitfable.com/</a>),

(Which also offers a great example of respectful, empowering, intentional language)

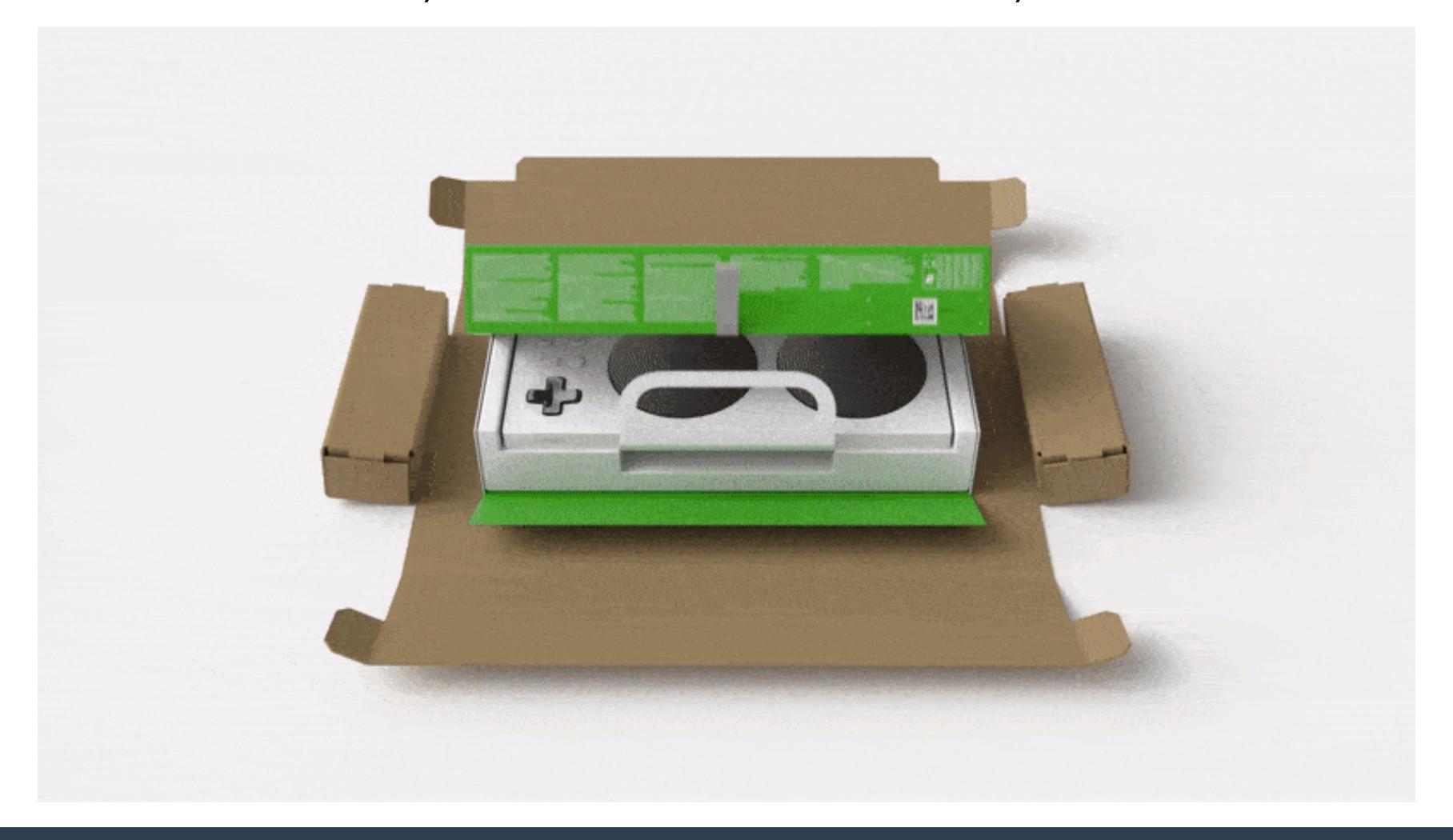
# **Example: Xbox Adaptive Controller**

# Xbox adaptive controller



### Xbox adaptive controller packaging

Accessible, looks like any other Xbox accessory on the shelf.



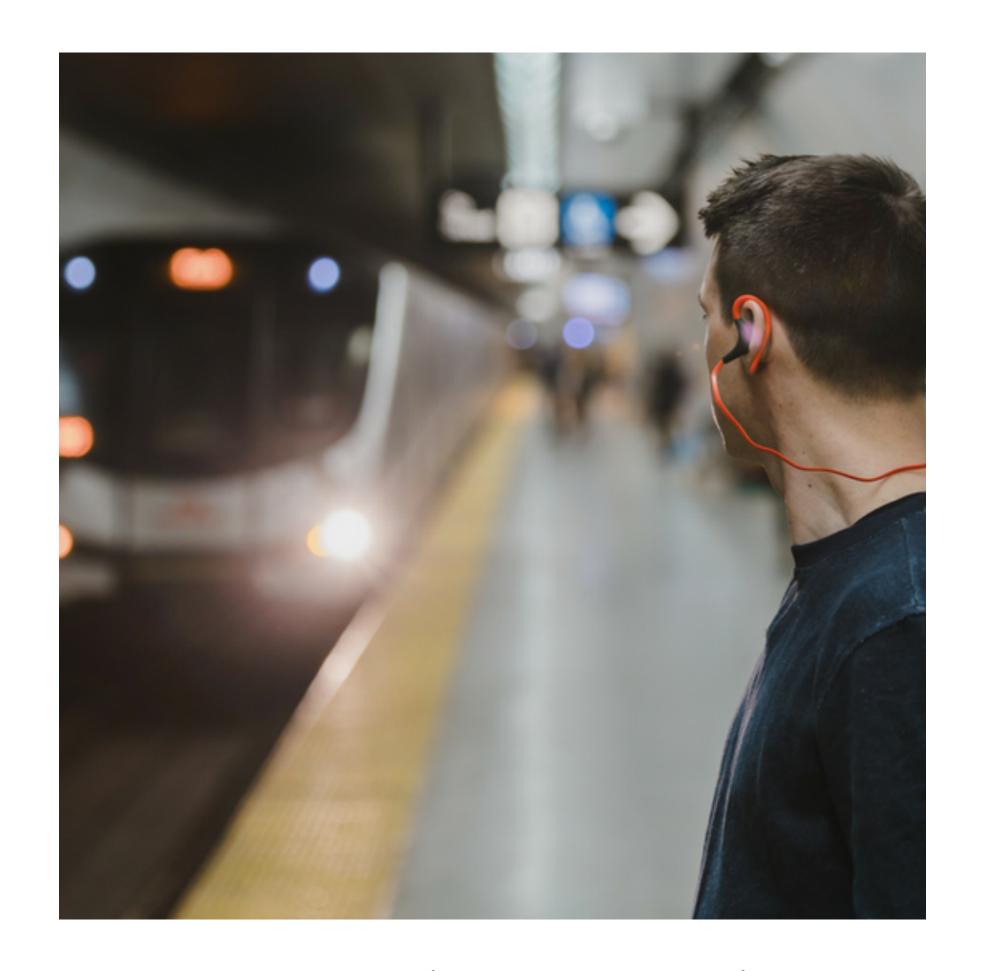


# Mobile UI design

### Mobile contexts



Limited & split attention: no quick/secret changes



Frequent interruptions: persist & resume

### Mobile contexts

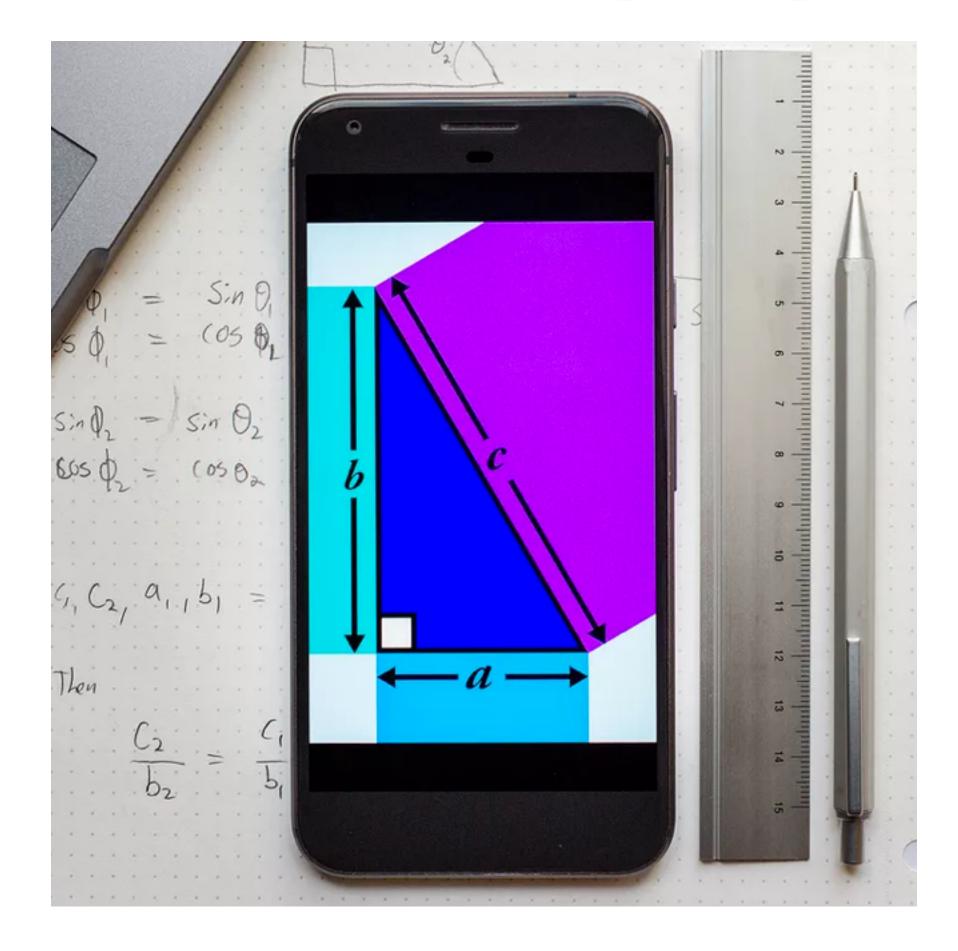


Changing environment, changing contexts

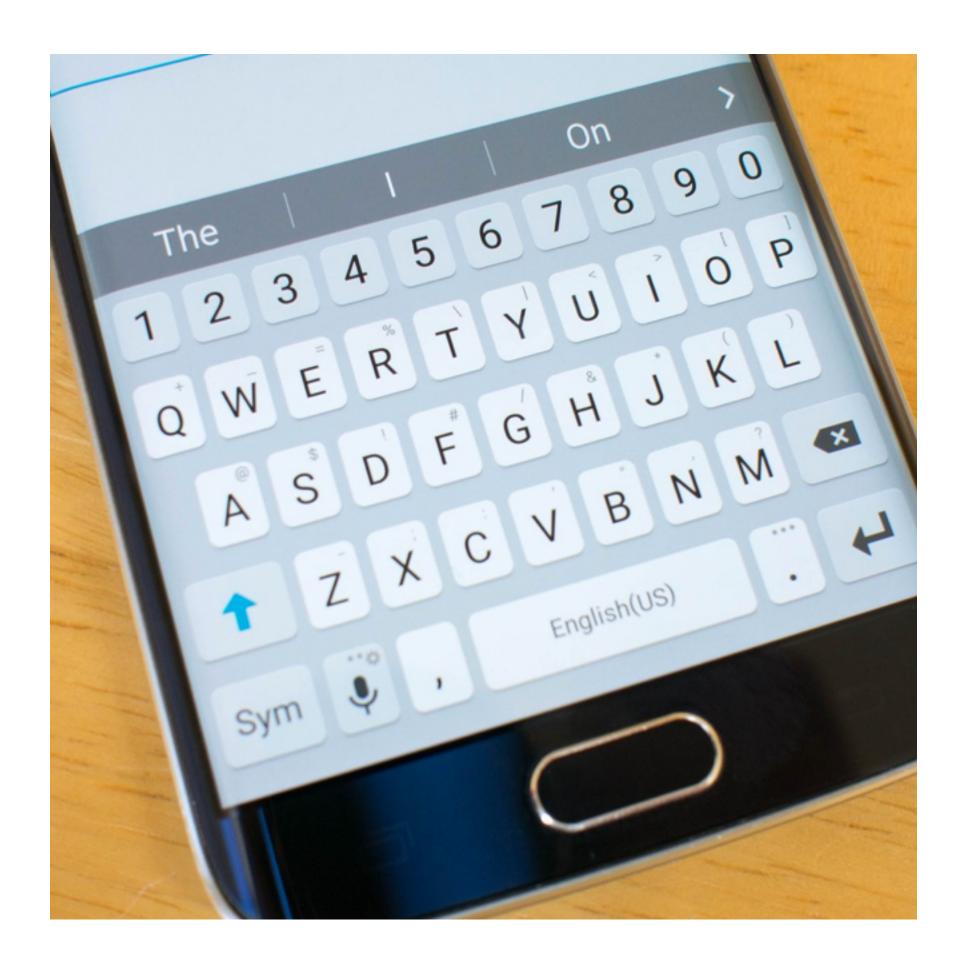


Personal devices: customization, privacy

# Mobile device properties



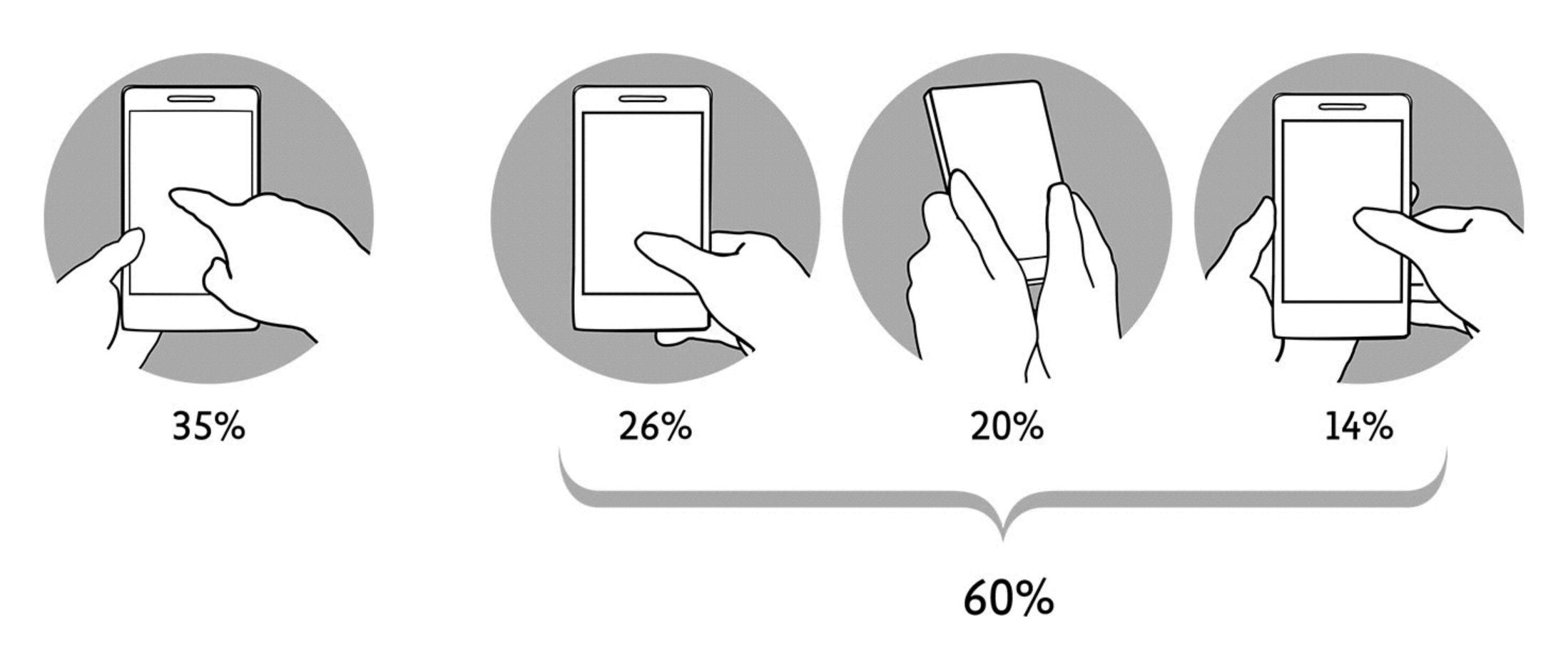
Small screens



Limited input

## Mobile device physicality

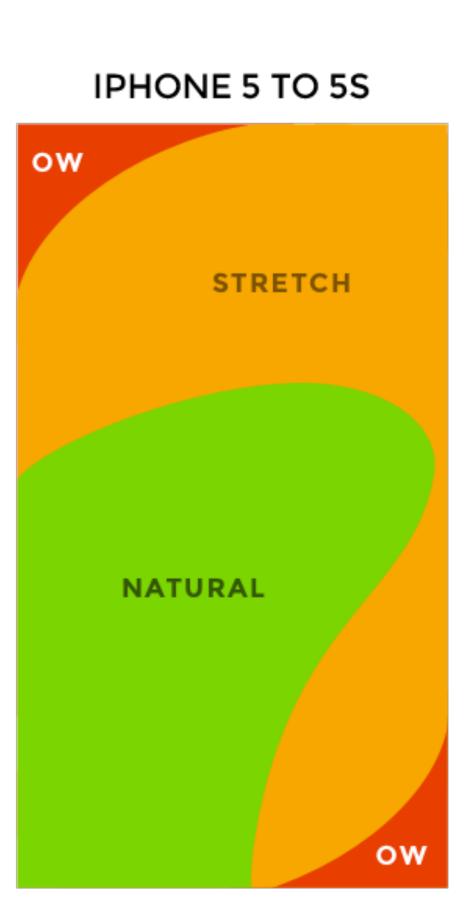
We need to hold mobile devices, which limits our touch capabilities.

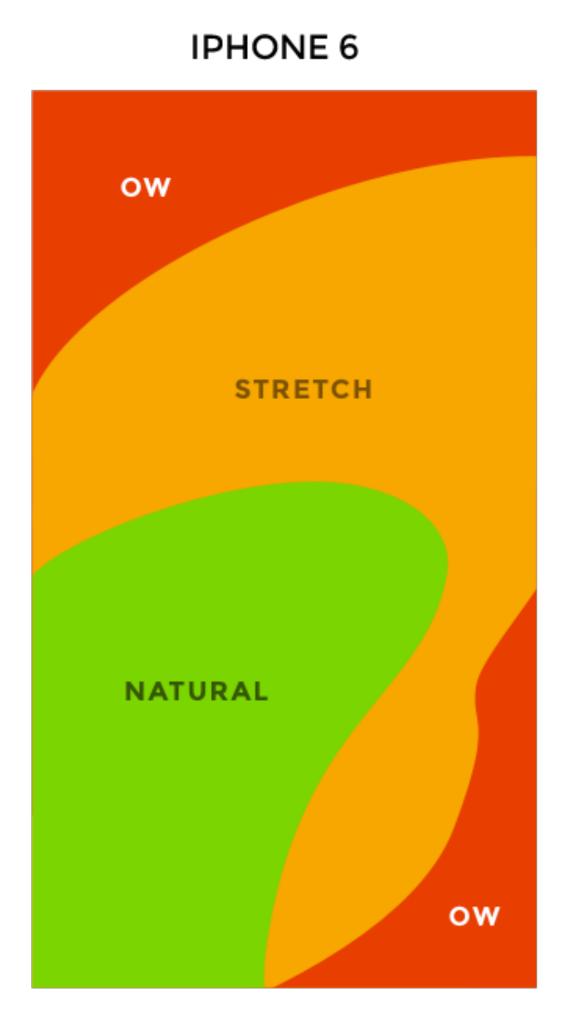


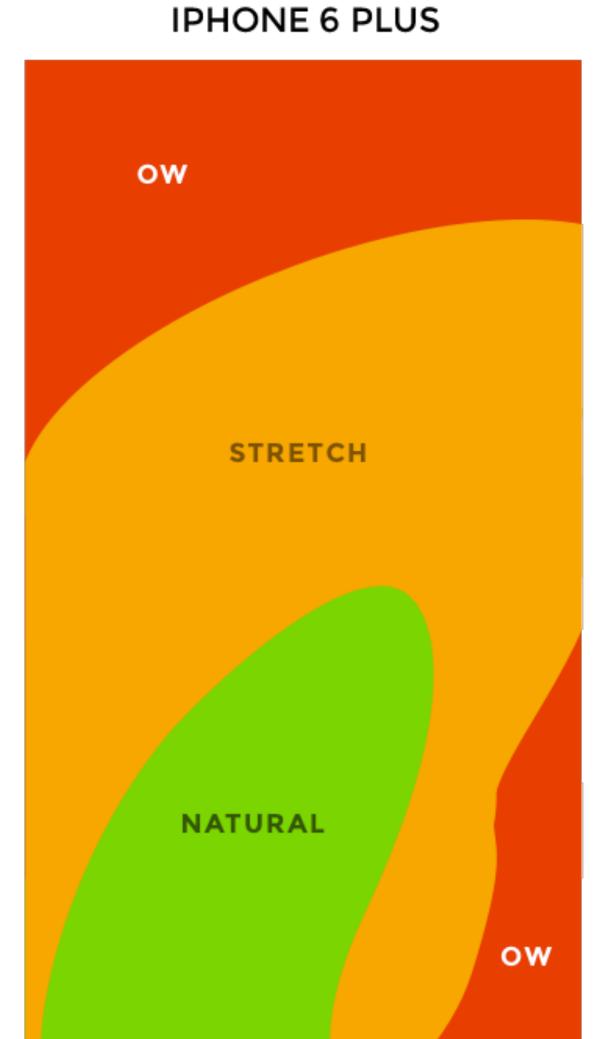
ALISTAPART.COM/ARTICLE/HOW-WE-HOLD-OUR-GADGETS

### Mobile device thumb zones



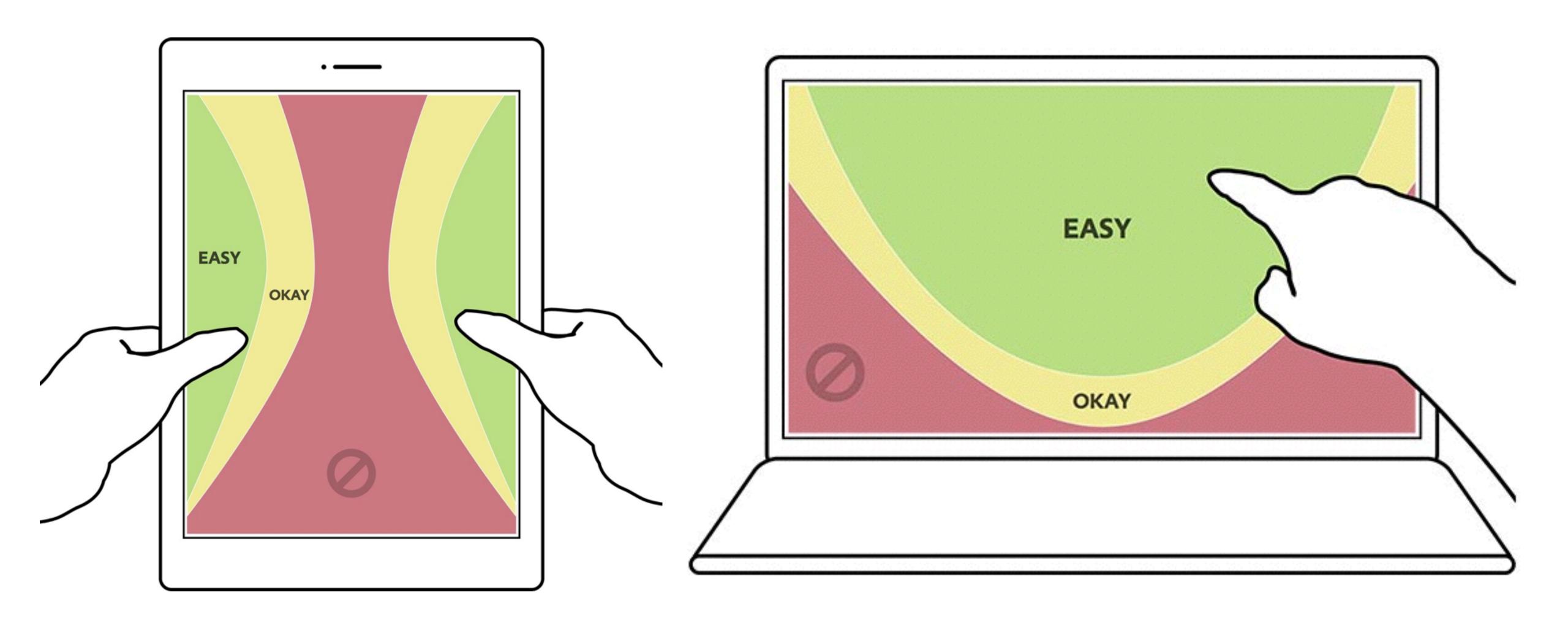






SCOTT HURFF

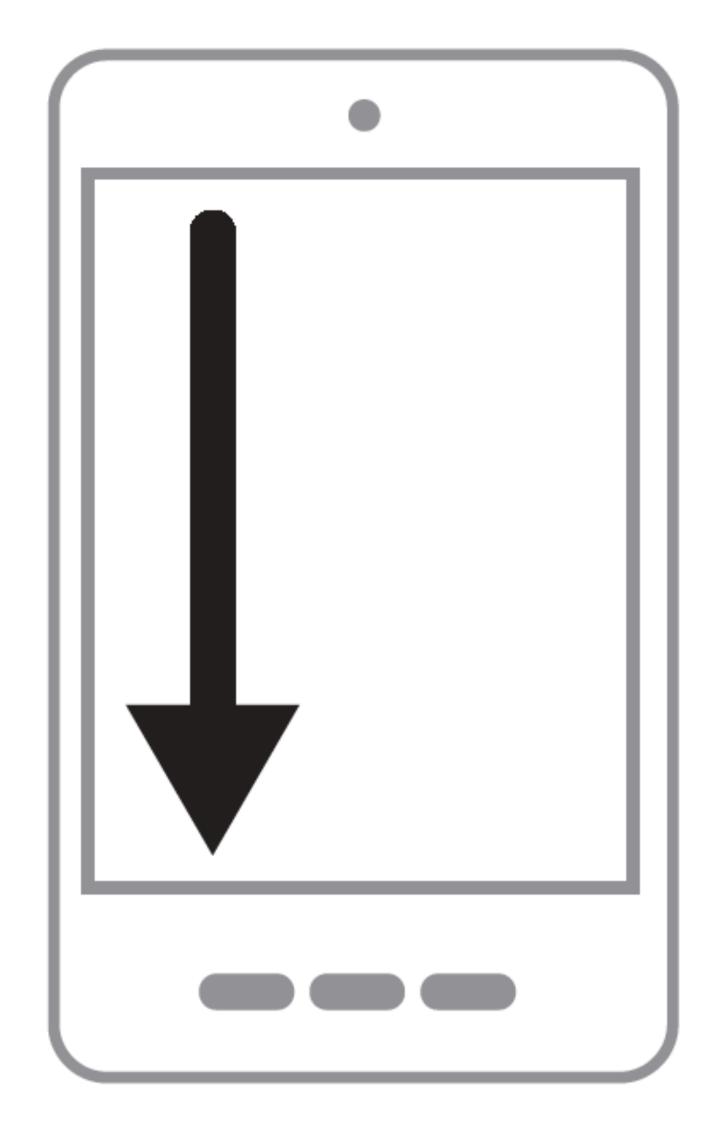
### Mobile device thumb zones

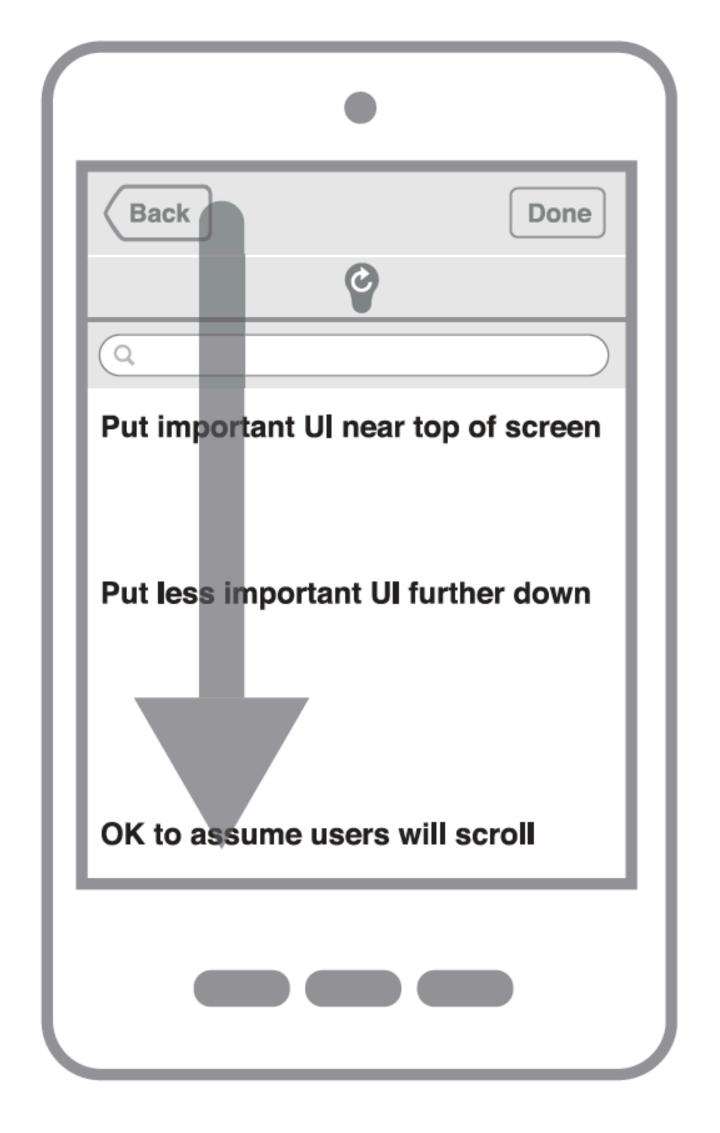


ALISTAPART.COM/ARTICLE/HOW-WE-HOLD-OUR-GADGETS

# Mobile design principles

# Mobile scanning patterns





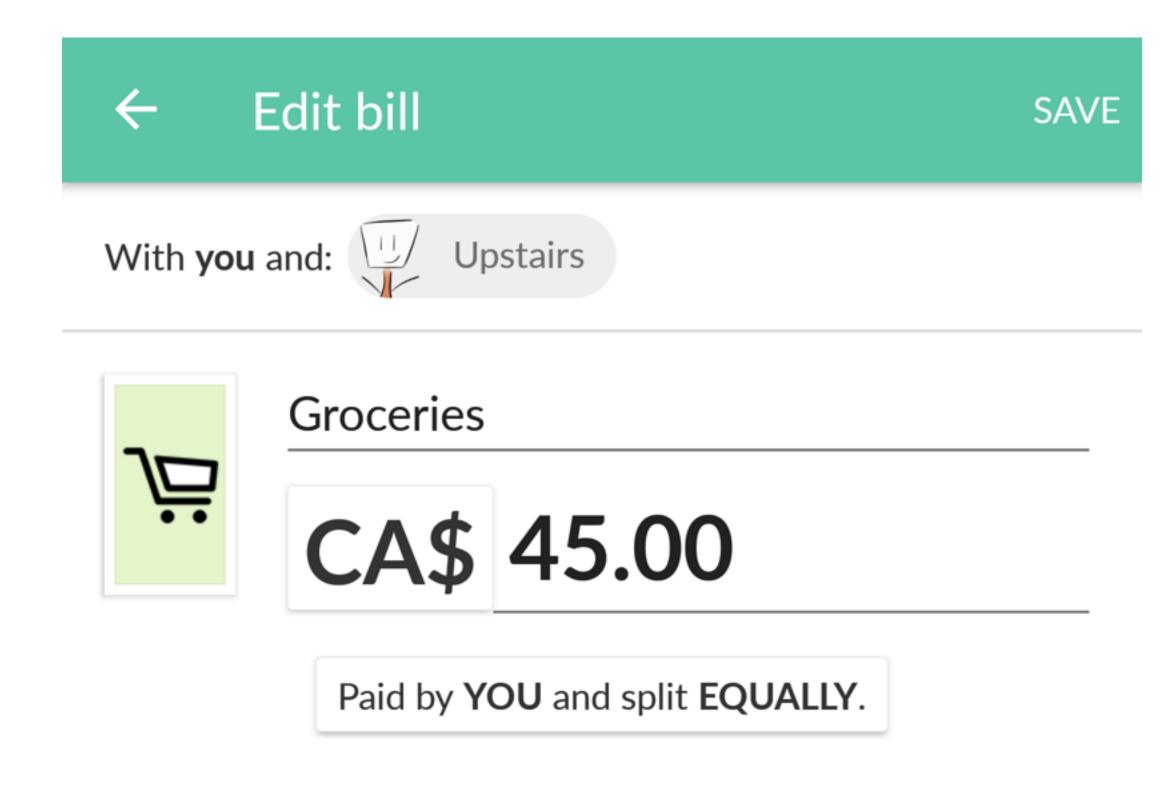
### Minimize cognitive load

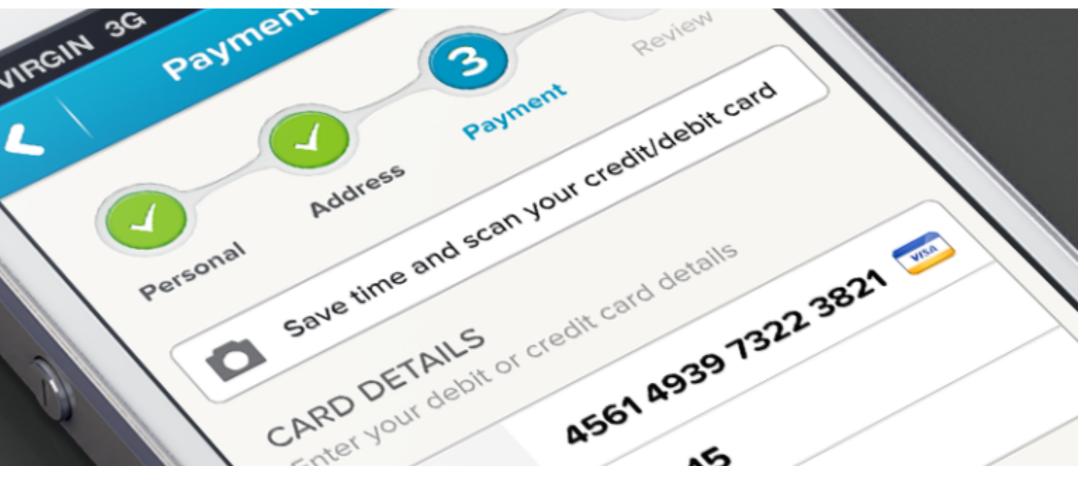
 Break tasks up into simple subtasks

Provide one main action per screen

Give user an obvious next step

Support undo and recovery





## Minimize cognitive load

Use modal screens for important choices

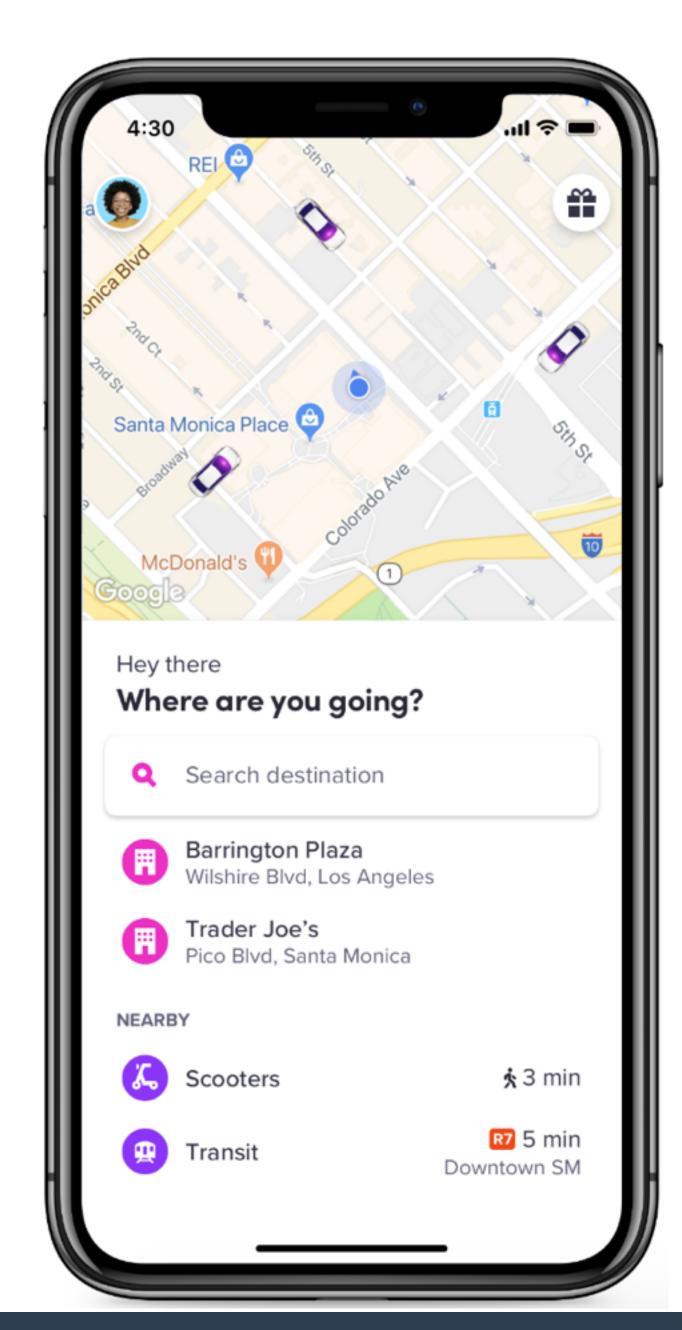
How was this bill split? Paid by you and split equally You owe **Upstairs** CA\$45.00 **Upstairs** owes you CA\$45.00 Paid by **Upstairs** and split equally More options

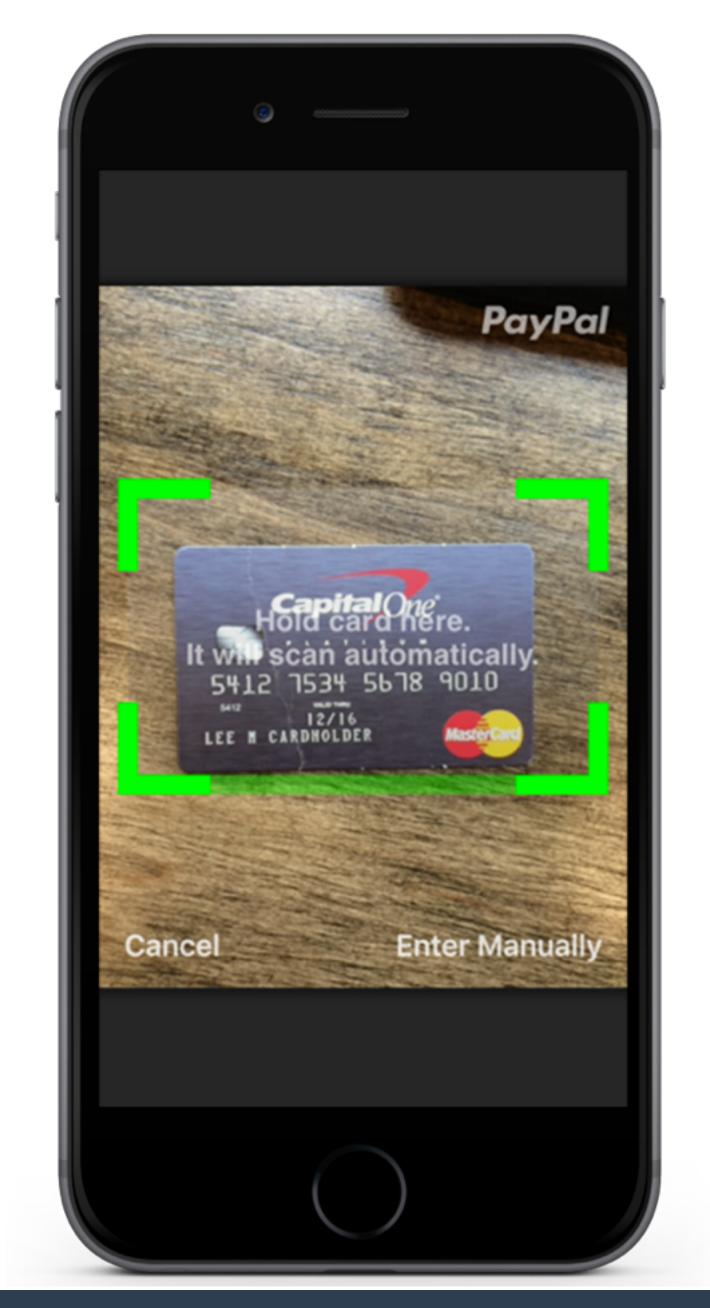
## Minimize input

- Persistent sign-in
- Autofill details

Use location and sensor data

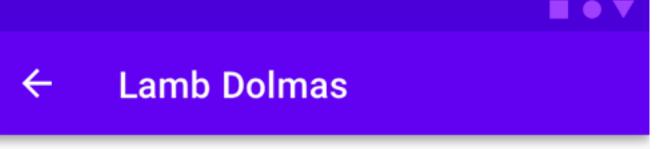
Use alternate input modalities





## Navigation

- Top-down content
- Disclose location
- Make navigation visible
- Consistent, standard navigation patterns
- Prioritize to minimize touches
- Use animation to clarify transitions



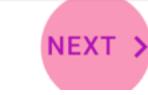
5 minutes

#### Step 3

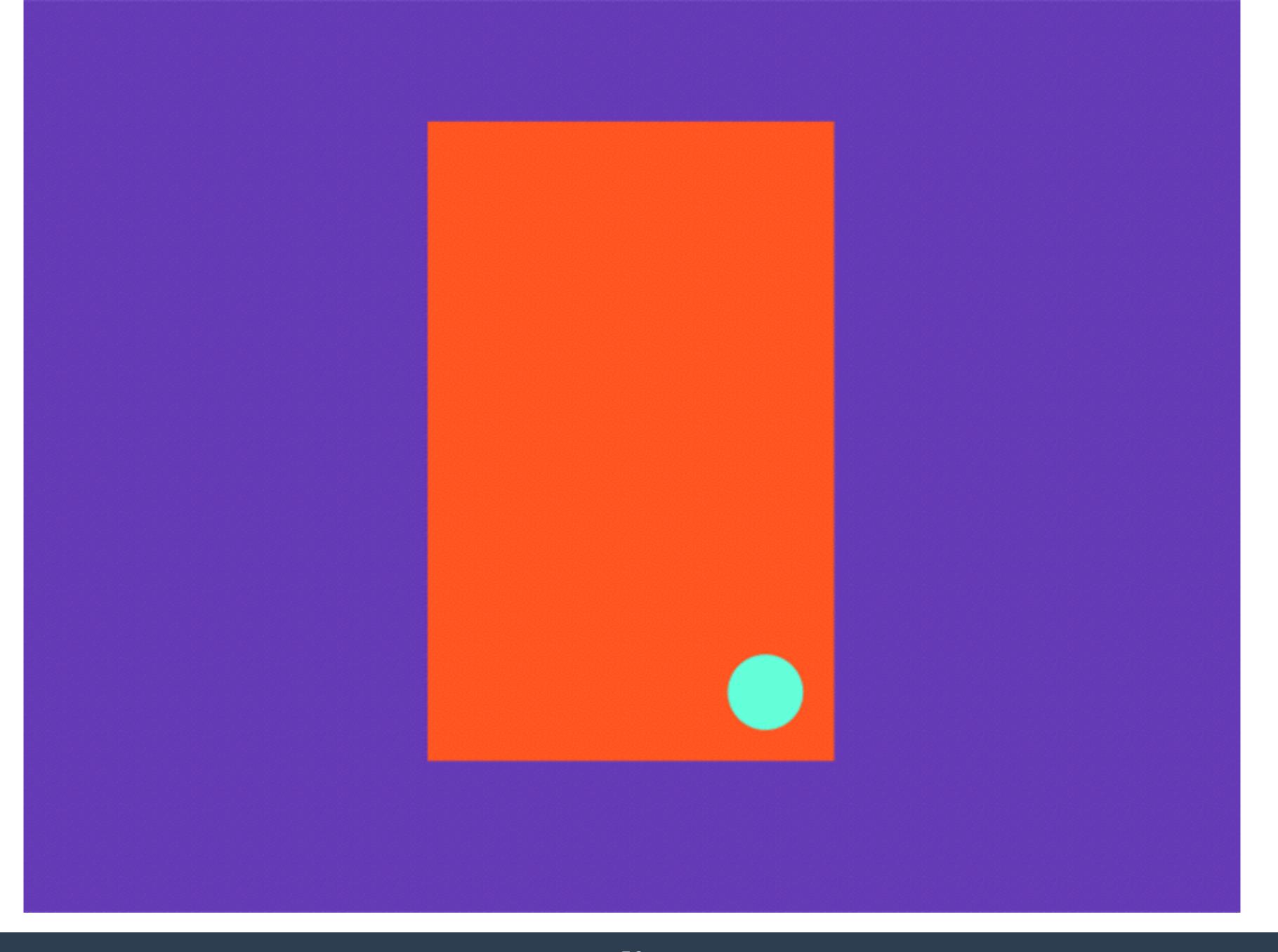
Place the drained grape leaves on a cutting board with the smooth side of the leaves down.

Fill the grape leaves with a tablespoon of the lamb and rice mixture in the center of the grape leaf. Fold the leaves over the mixture.

Roll into a firm cylinder.



MATERIAL DESIGN



MATERIAL DESIGN

### Touch gestures

Gestures broaden the touch interaction vocabulary.

More expressive, natural, seamless, less clutter.

However, they are not visible or discoverable.

- Treat as advanced shortcuts for power users
- Use standard gestures
- Never use just gestures

Tap
Briefly touch surface with fingertip

CORE GESTURES

Pinch
Touch surface with two fingers and them closer together.

CORE GESTURES

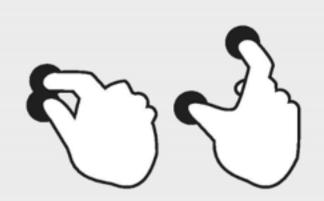
Pinch
Touch surface with two fingers and bring them closer together.

CORE GESTURES

Double Tap
Rapidly touch surface twice with fingertip.

CORE GESTURES

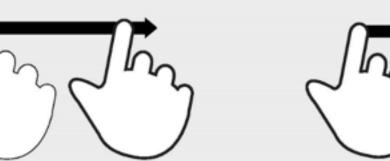
Spread
Touch surface with two fingers and move



CORE GESTURES

Drag

Move fingertip over surface without losing contact.



CORE GESTURES

Press
Touch surface for extended period of time.

CORE GESTURES

 $\int_{0}^{\infty}$ 

Quickly brush surface with fingertip

CORE GESTURES

**Flick** 

Press + Tap
Press surface with one finger and briefly



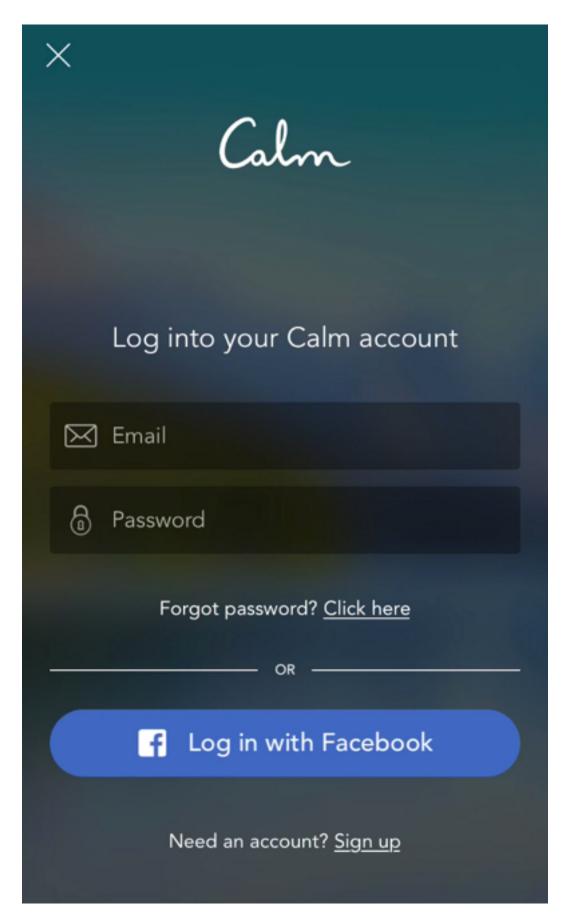
CORE GESTURES

LUKEW.COM

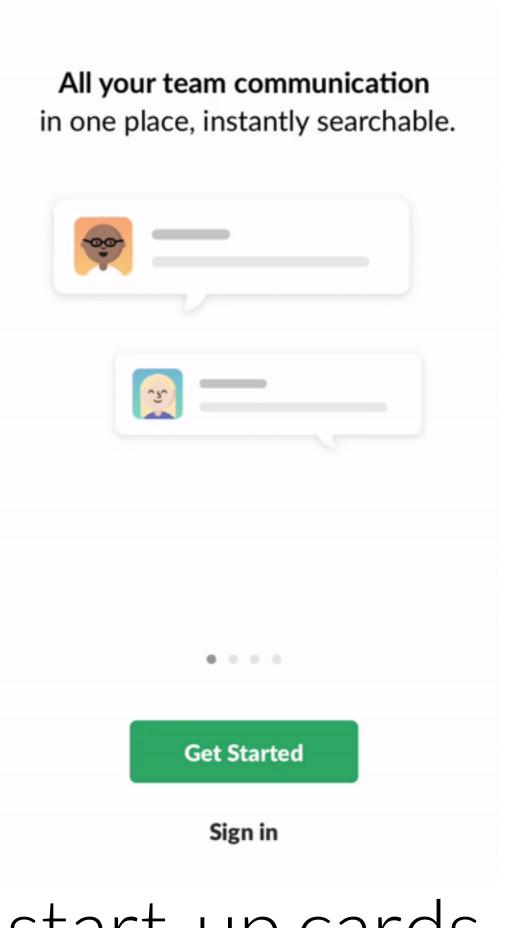
# Mobile challenges

### Onboarding (initial experience)

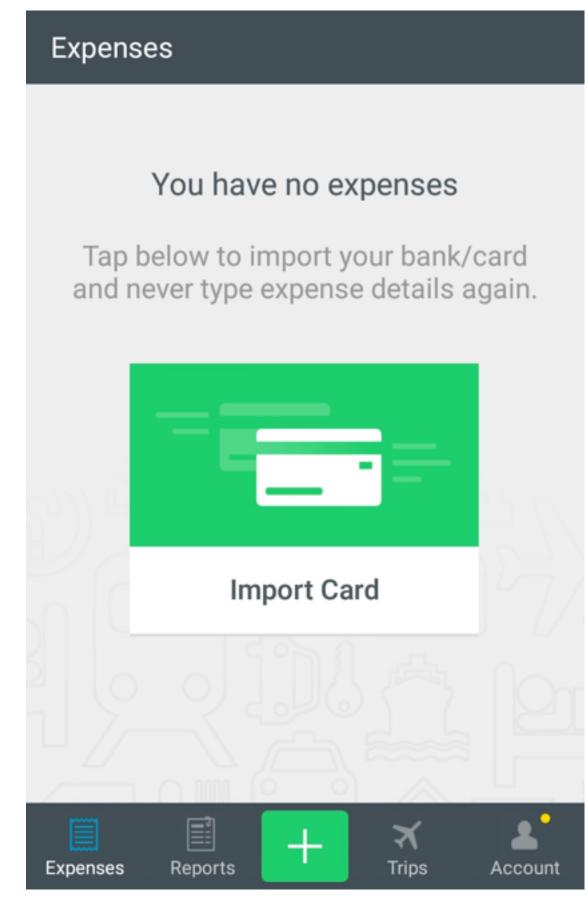
Fierce competition for apps: 75% are opened exactly once.



no sign-in blockers



start-up cards



empty states

### Speed

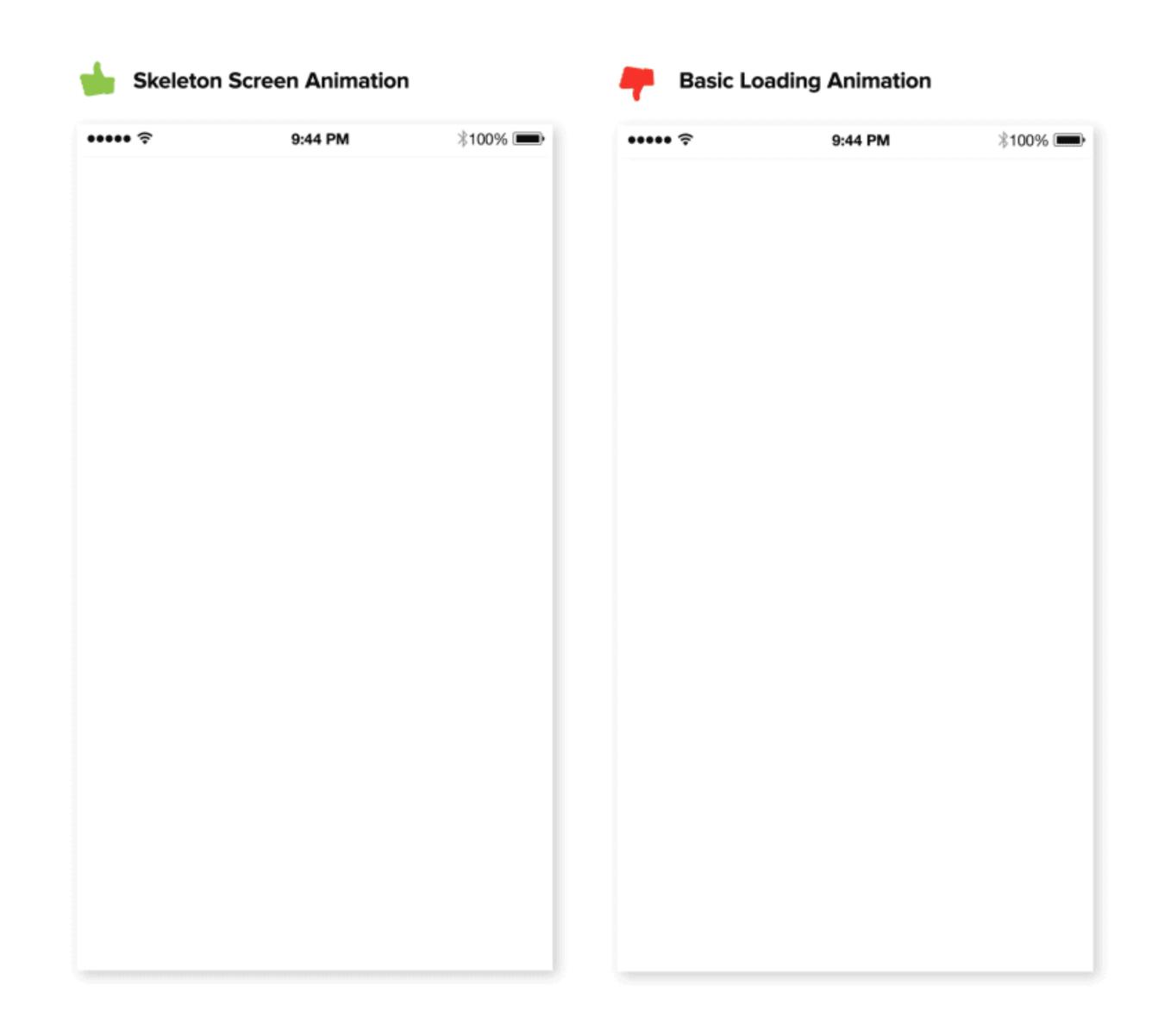
Don't rely on network consistency

Load layout ASAP

Clear loading state

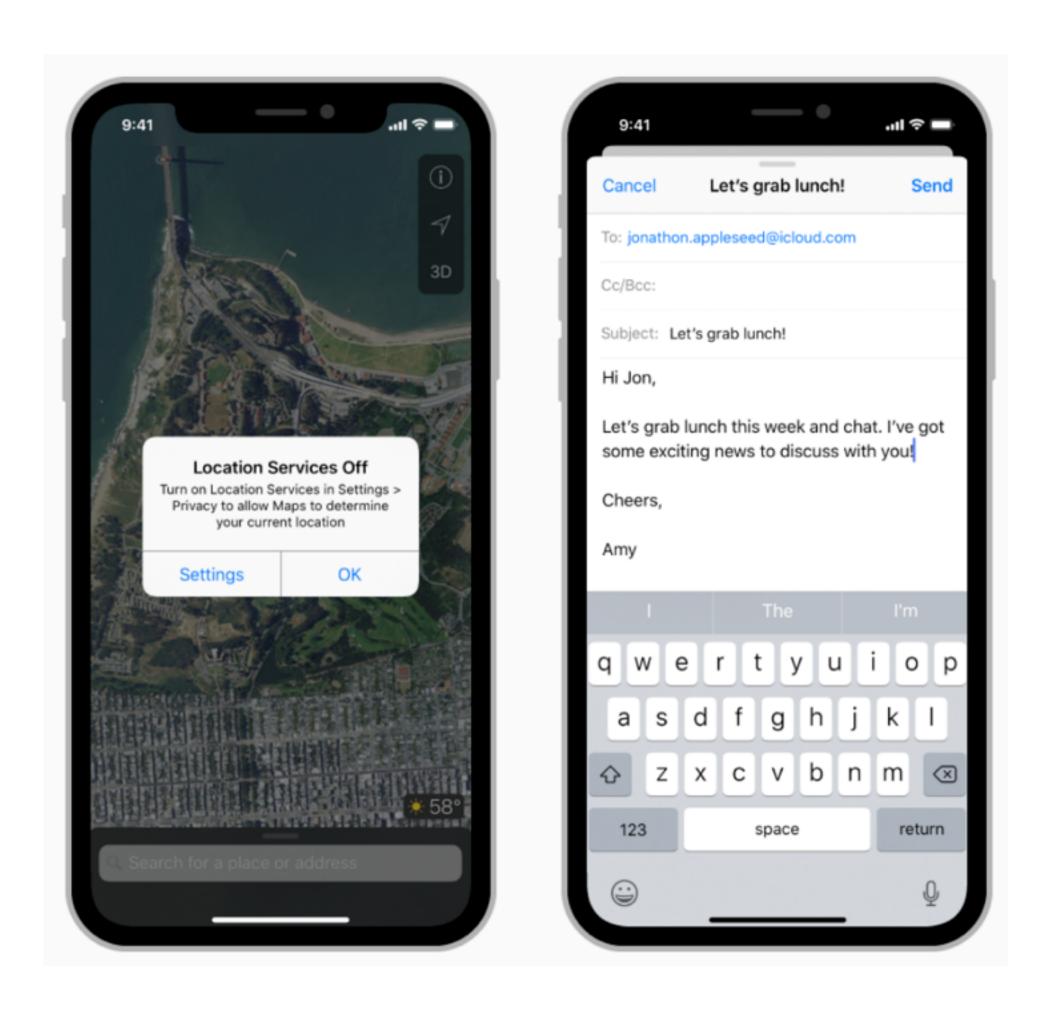
Distract

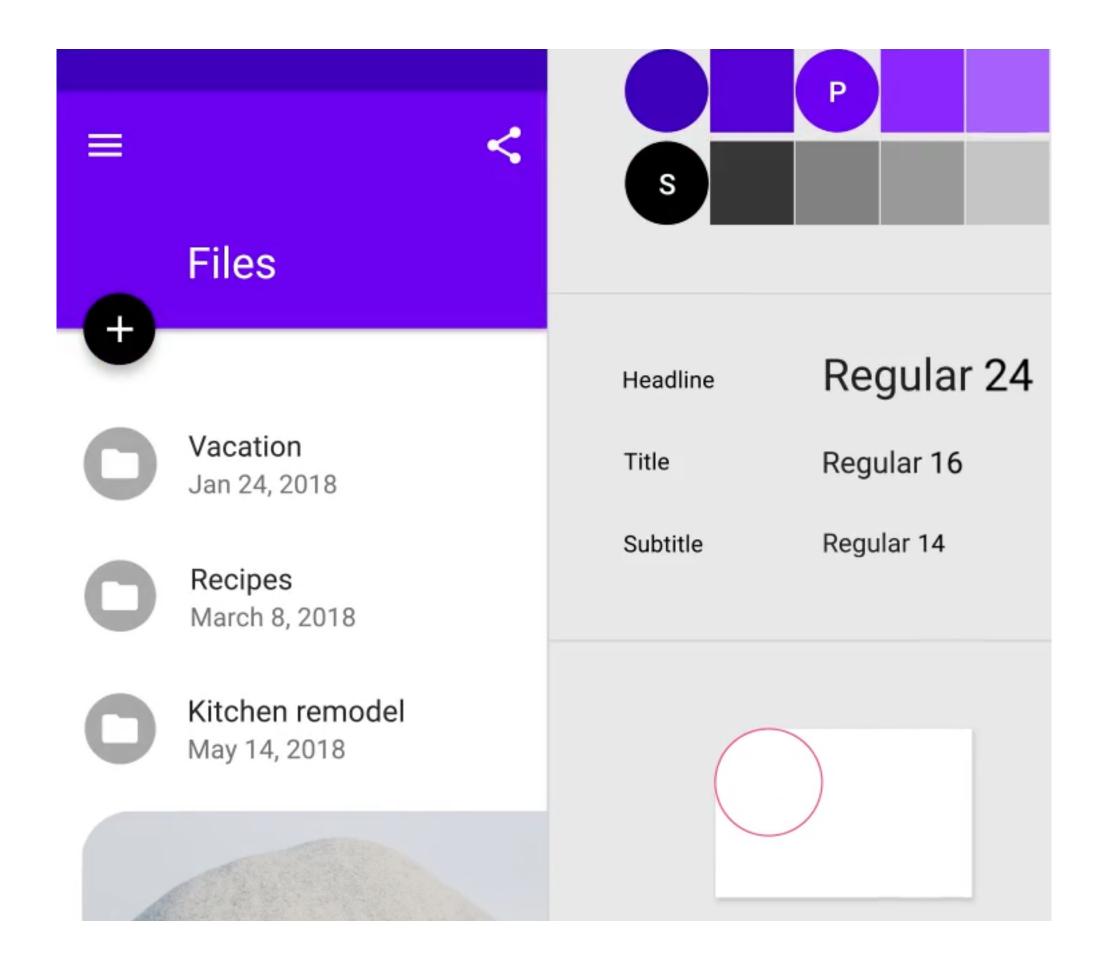
Skeleton screens



TANDEM SEVEN

### Respect platform guidelines





# Design Systems

### Design systems

Designers are rarely:

- Designing alone
- Designing from scratch
- Designing once

Need a way to codify and align design assets, steps, and principles.

A **design system** is a set of tools & guidelines for designing across products and platforms in the same product family.

A design system should be consistent, self-contained, reusable, accessible, and robust.

### Design system components

**Design language:** Brand identity, guiding principles, voice & tone, styles (colour, layout, typography, iconography)

**Guidelines and best practices:** ways of verifying the design system is correct and built on universal principles

**Components and patterns:** atomic blocks of design (widgets, buttons, dialog boxes, screens) and the step-by-step sequences in which they're deployed.

**System processes and management:** adhering to, changing, and maintaining the design system

### Design language

#### **Brand:**

- Vision & design principles
- Voice, tone, terminology, and writing
- Logo & brand identity

### Styles and tokens:

- Colour (contrast, function, scheme, dark mode)
- Layout (units, grids, breakpoints, spacing, composition)
- Typography (typefaces, size, weight, hierarchy)
- Iconography

## Vision & design principles





#### **Core Values**

Our values reflect those of a business started by a band of climbers and surfers, and the minimalist style they promoted. The approach we take toward product design demonstrates a bias for simplicity and utility.

#### **Build the best product**

Our criteria for the best product rests on function, repairability, and, foremost, durability. Among the most direct ways we can limit ecological impacts is with goods that last for generations or can be recycled so the materials in them remain in use. Making the best product matters for saving the planet.

#### Cause no unnecessary harm

We know that our business activity–from lighting stores to dyeing shirts–is part of the problem. We work steadily to change our business practices and share what we've learned. But we recognize that this is not enough. We seek not only to do less harm, but more good.

#### Use business to protect nature

The challenges we face as a society require leadership. Once we identify a problem, we act. We embrace risk and act to protect and restore the stability, integrity and beauty of the web of life.

#### Not bound by convention

Our success-and much of the fun-lies in developing new ways to do things.

#### The principles

- 1. Concepts from the product's subject domain (for example, systems management) should be central and apparent in the software design.
- 2. Keep it simple.
- 3. Optimize the design for the most frequent or important tasks.
- 4. Make the interface accessible and visible to users.
- 5. Use proper default values when supporting complex tasks.
- 6. Be flexible.
- 7. Keep your users informed and in control by providing informative and timely feedback tailored to the current situation.
- 8. Things that look the same should behave in the same way, and an action should always produce the same result.

- 9. Provide the ability to undo and redo actions.
- 10. Make your application predictable by using industry standard user interface conventions wherever possible.
- 11. Always keep your target users in mind as the product is designed.
- 12. Avoid adding features just so they can be ticked off a list.
- 13. Design your user interface so that it can be localized for other geographies without redesigning the interface.
- **14.** Consider persons with disabilities when designing your applications.
- 15. Design the application so that contextual help is available to users when they need it.
- **16.** Bring objects to life through good visual design.
- 17. Create user interfaces that promote clarity and visual simplicity.

PATAGONIA / IBM

INF2191H Winter 2020 62 Velian Pandeliev

### Voice, tone, and vocabulary

Voice (content and personality) and tone (how voice is conveyed)

#### OUR VOICE, TONE, & AUDIENCE

When writing for Salesforce, our voice is always:

- Honest: Trust is our #1 value, and we're truthful in our writing.
- Clear: Our writing is concise and easy to understand.
- Fun: We're dedicated to conversational, upbeat language.
- Inspiring: We help people live their best lives, and our writing harnesses that genuine emotion.

#### On-brand voice is active, direct, and clear.

- Boost sales with Salesforce.
- Boost sales and grow your business with Salesforce.

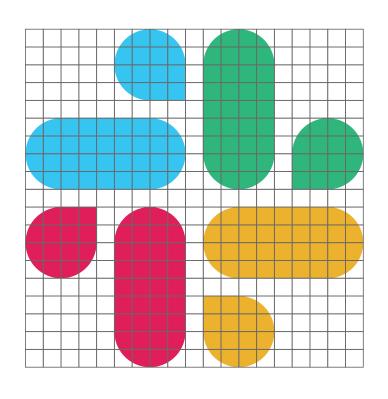
#### Off-brand voice is passive, or overly complicated.

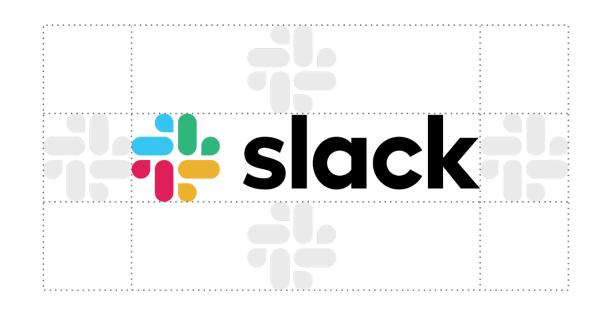
- Sales will be boosted with Salesforce.
- By utilizing Salesforce, sales will be optimized and organizational growth will be positively impacted.

SALESFORCE

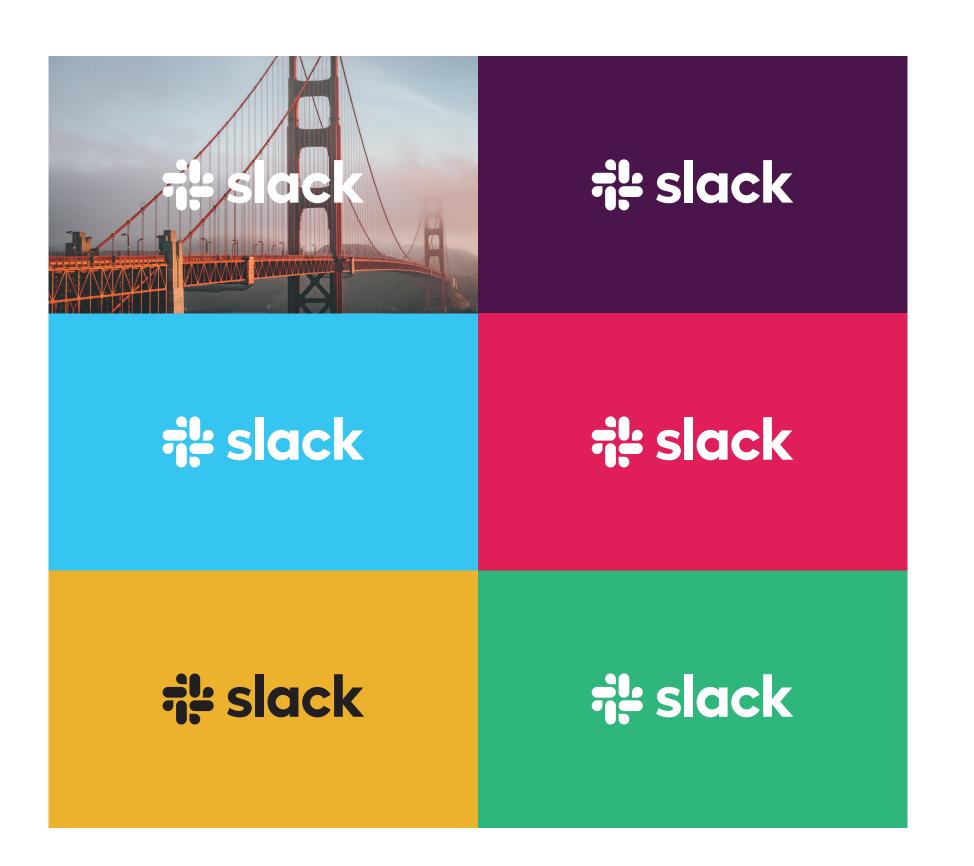
# Logo and identity



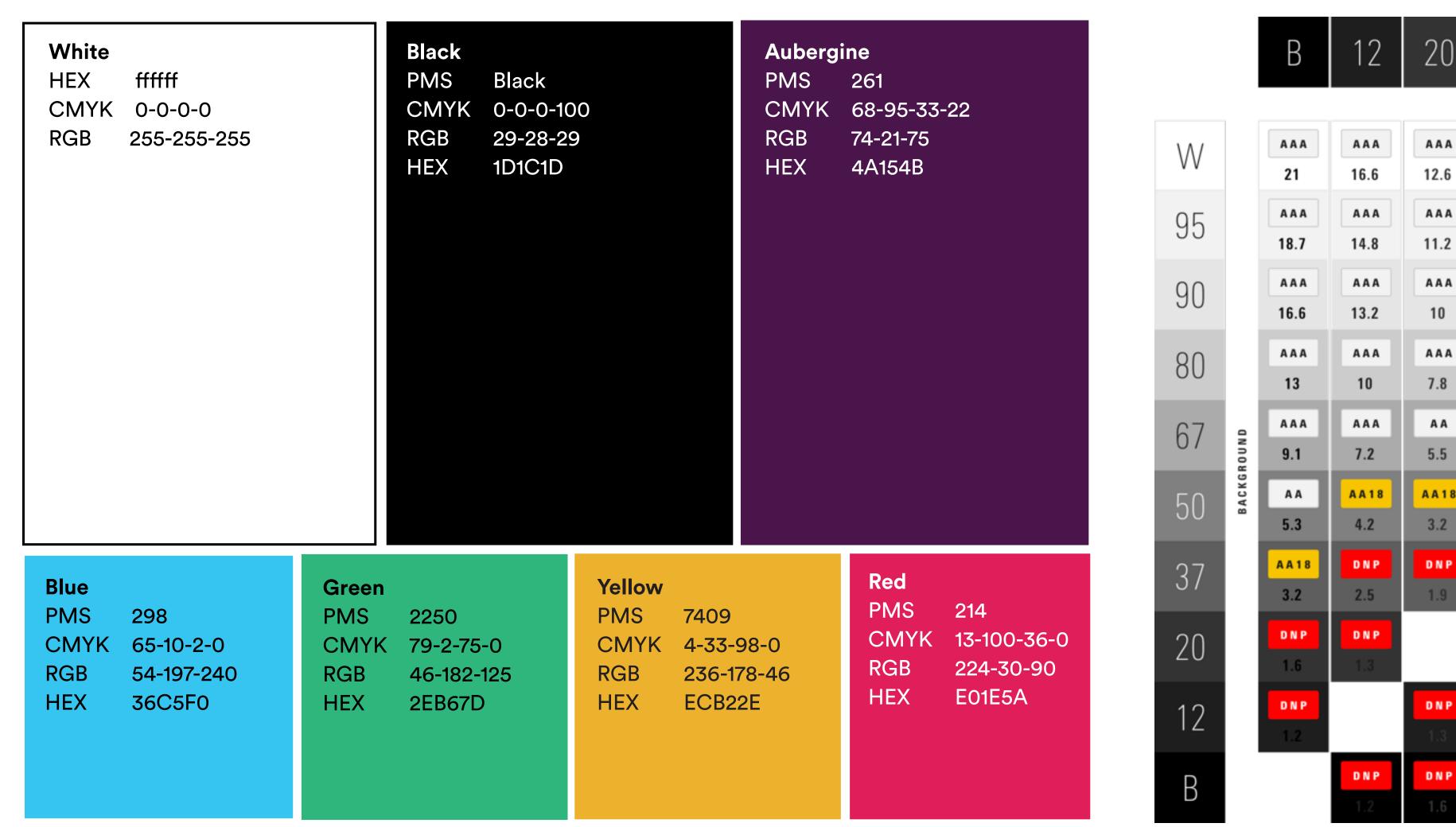


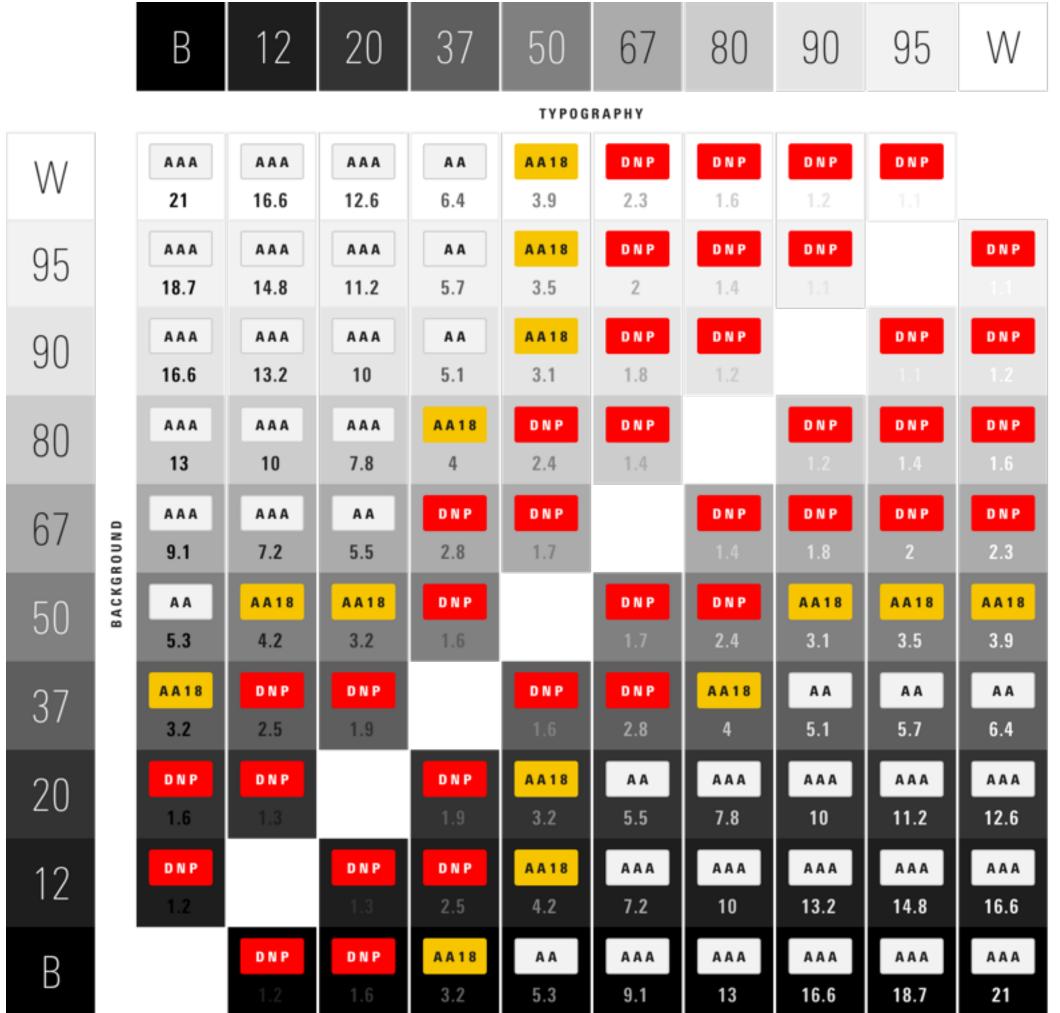






### Colour





SLACK / MORNINGSTAR

### Colour

#### **Text**

| \$govuk-text-colour | #0b0c0c  |
|---------------------|----------|
| + govan come colour | 11000000 |

\$govuk-secondary-text-colour #626a6e

#### Links

| \$govuk-link-colour | #1d70b8  |
|---------------------|----------|
| . 3                 | 11147000 |

\$govuk-link-hover-colour #003078

\$govuk-link-visited-colour #4c2c92

\$govuk-link-active-colour #0b0c0c

#### **Focus state**

\$govuk-focus-colour

\$govuk-focus-text-colour

#ffdd00

#0b0c0c

Only use this colour to indicate which element is focused on. For example, when a user tabs to an element with their keyboard.

**Error state** 

\$govuk-error-colour

#d4351c

#1d70b8

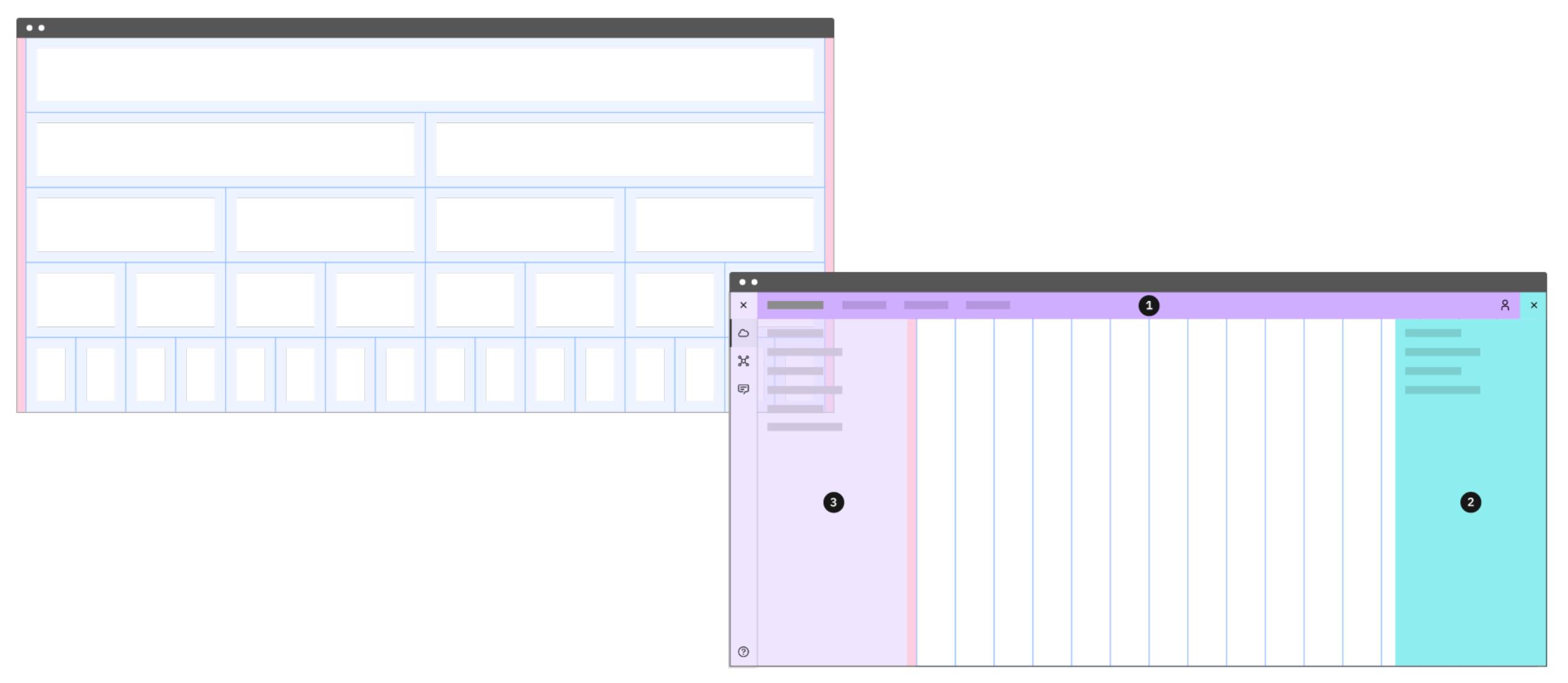
Use for error messages

#### **Brand colour**

\$govuk-brand-colour

GOV.UK

# Layout



### Typography

Harsseit Bold 36/3

### A better way to work

H

Simpler, more pleasant and more productive

Н

Larsseit Bold, 18/21

The kind of thing you don't know you need, but once you have it, you can't live without it. It feels like the natural evolution of work.

ı

Larsseit Bold, 12/15

After all, every organization needs a little Slack.

Circular Book, Style Set 2, Optical Kerning, -10 Tracking There is an enormous and heretofore largely unmet demand for an easier way to coordinate and align people. That demand is why Slack is here today, and why Slack is being adopted all over the world. Email is the default coordinating point for communications and the go-to platform enterprise software developers use when they need to reach human beings, but inside a company it works poorly. Enormous flows of information course through it, but each person has only a tiny view. Email holds rich history: all the decisions made, questions answered and information shared, but if you're new to a company, or just in the

wrong inbox, you have access to none of it. Rather than inboxes, all those messages are organized into channels. Channels can correspond to anything - projects, teams, planning, office locations, business units, functional areas, temporary channels for things like planning an offsite. Unlike email, Slack was designed from the bottom-up to integrate with the software tools you use every day. Whatever tools you already use, Slack vastly increases the value of your software investment, by making it easier to access, easier to act upon, and easier to share.

**Quote Mark** Circular Book, 36 66

**Pull Quote** Larsseit Thin, 18/21

We believe that the advantages are so great that a shift to working on Slack, or something like it, is inevitable.

Attribution
Circular Bold/
Book Italic, 7/9

Marcel Gherkins Spokesperson, Slack Share channels with companies and businesses you regularly work with to bring all the right people into the same space.

GET STARTED

Hero P
Circular Book,
Style Set 2,
Optical Kerning,
-10 Tracking

10/14

CTA Text
Circular Bold,
Style Set 2,
Optical Kerning,
+20 Tracking
7/9

SLACK

### Iconography

Slack icons are used across different brand touchpoints from marketing to environment to product.

They provide symbolism, conceptual clarity and visual interest in simplistic shapes and forms.

#### Slack.com























































**Events** 































#### Miscellaneous





















### Guidelines and best practices

Guidelines indicate how the design handles specific situations, e.g.,:

- Onboarding (initial experience)
- Accessibility
- Notifications & permissions

**Best practices** are used to get designers and developers up to speed on the core UI and UX principles used in the design system, e.g.,

- Heuristics
- Readings and resources

### Components and patterns

**Components** are the atomic building blocks of a design: graphic assets, code snippets, pre-built widgets, animations, etc.

- Navbar, banner, card, carousel, modal, tab, popup
- Checkbox, radio, textbox, dropdown, button
- Notification, tooltip, toast (mini-notification)

Patterns indicate the common idioms and sequences used in the UI

- Navigation (e.g., tabs, hamburger, accordion, breadcrumb, home)
- Input (e.g., preview, settings, expandable long text, in-place edit)
- Social (avatar, profile, inbox, contacts, sharing, react, invite)
- Data (sort, filter, search, FAQ)

### System process and management

**Design ecosystem** (tools, plugins, versioning requirements, how to contribute to the design system)

**Development and technical requirements** (version control, commit messages, unit testing, coding style)

**Management and performance** of the design system itself (roadmap and milestones, analytics, error logging, communications and updates)

# Workshop

A website or application may want to implement a reporting form for accessibility issues.

When a user encounters an issue, they can tell the developer team what was wrong so the team knows what to fix.

### Explore and conform to a design system

- 1. Build this form as a wireframe
- 2. Include all appropriate **widgets** (e.g., labels, dropdowns, buttons)
- 3. Select appropriate language
- 4. Use components and instances
- 5. Pick a **design system** and download templates
- 6. **Apply** the design system to your wireframe, choosing colour, size, layout, text, and tone
- 7. **Submit** PDF

Accessibility issue reporting form

Category / Type / WCAG Principle

Severity scale (1-5)

Issue description

Any assistive devices?

Permission to contact reporter

Reporter contact

Submit and cancel buttons

Questions?

### Further reading

designsystemchecklist.com

https://uxdesign.cc/everything-you-need-to-know-about-design-systems-54b109851969

https://www.invisionapp.com/inside-design/guide-to-design-systems/

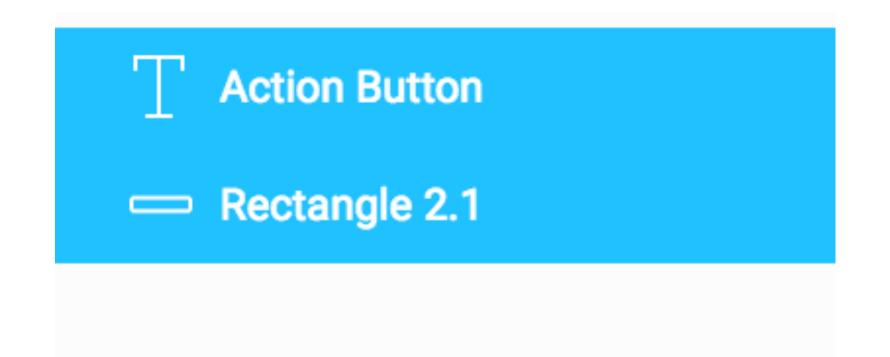
https://designsystemsrepo.com/design-systems/

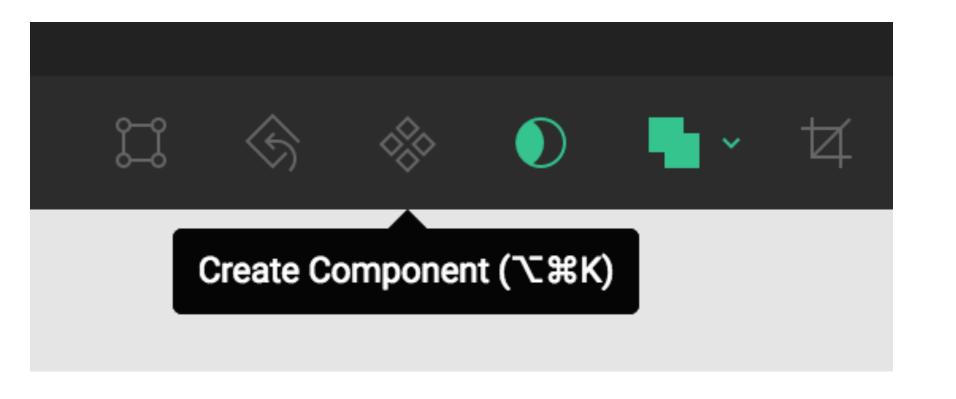
### Components

A component is a group that represents a template for other objects to follow (e.g., a button).

If you want all buttons of a certain type to share size and text features, you can set a group of objects as a component.

To create a component in Figma, select the layers that comprise it and click the "Create component" button in the top toolbar:





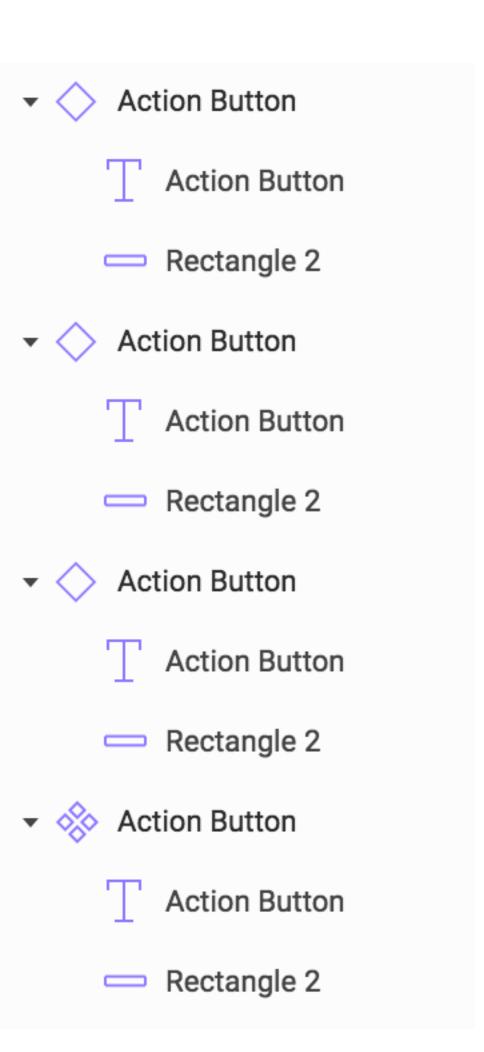
FIGMA

### Components and instances

When a component is duplicated or pasted, it produces an instance that shares all its properties with the component.

If a property is changed in the component, it changes for all instances as well.

If a property is changed in a specific instance, it changes only for that instance and **disconnects** that property from the component.

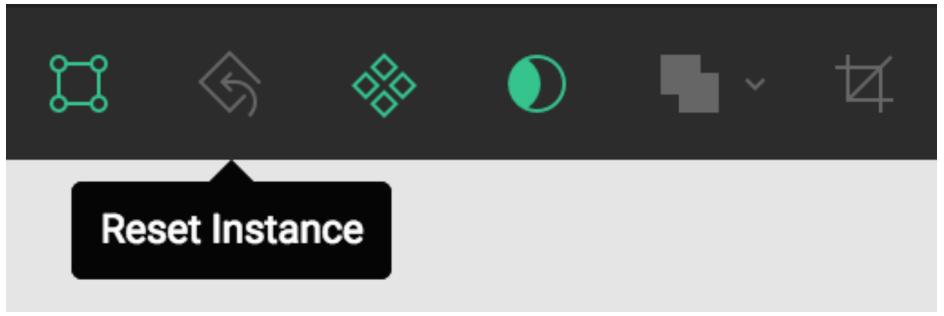


MATERIAL DESIGN

### Components and instances



To re-connect an instance's property to the component, select the instance and click "Reset instance"



FIGMA

### Credits

Developed with materials from Adrian Petterson